

Sadiq Public School

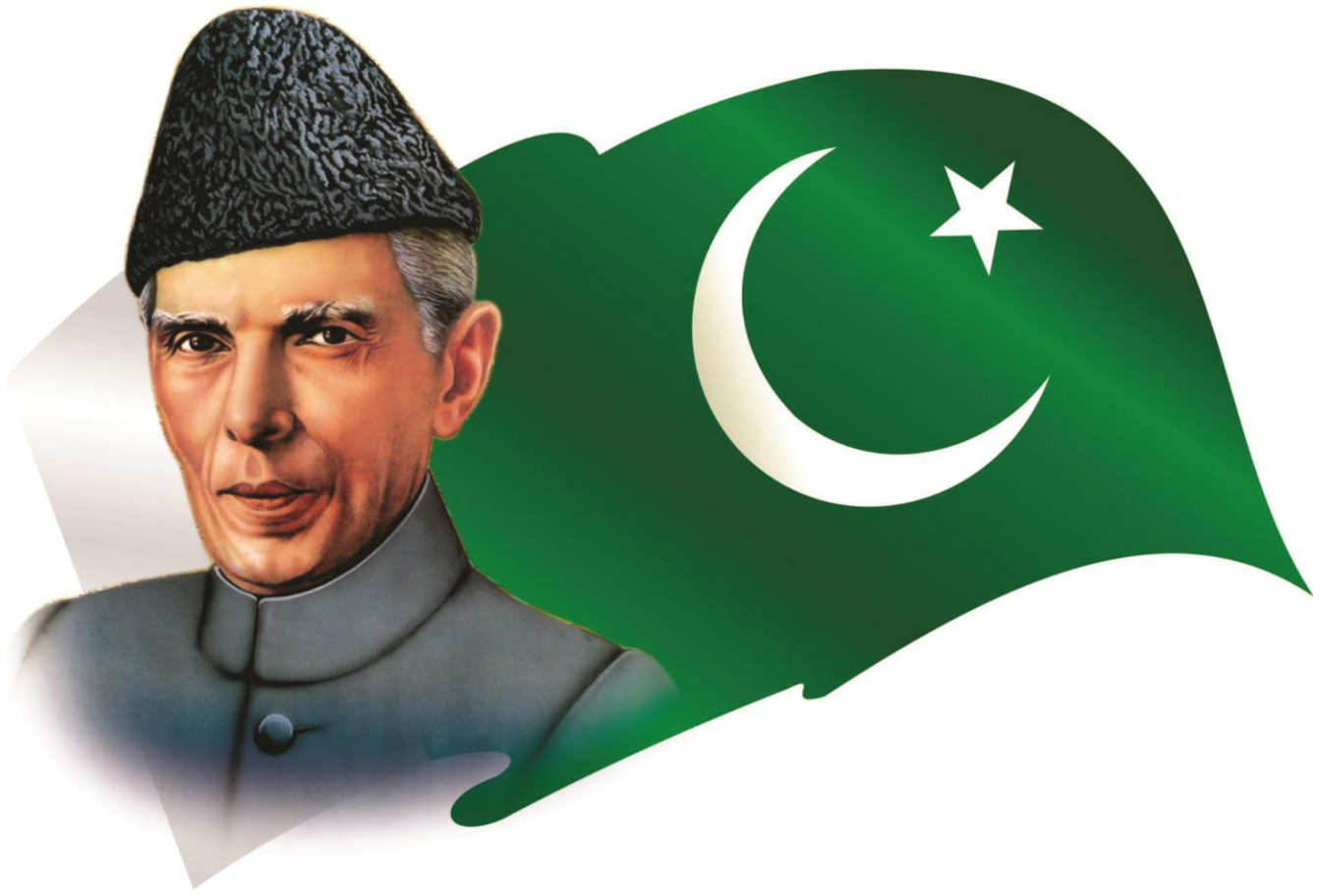


Photo credit: Ahmed



Girls' Boarding Handbook 2021-2022





You must concentrate on gaining knowledge and education. It is your foremost responsibility. Political awareness of the era is also part of your education. You must be aware of international Events. Education is a matter of life and death for our country.
(Father of the Nation)

The Founder



His Excellency, Sir Sadiq Muhammad Khan Abbasi V (Nawab of Bahawalpur State) laid the foundation stone of this sacred institution on March 4th, 1953 and allocated 450 acres of land situated at the main artery of the route once used by Sher Shah Suri and also financed the construction (supervised by the then Chief Minister Bahawalpur, Makhdoom Zada Hassan Mahmud) of the main building. Three boarding hostels, 12 staff residences, a swimming pool, hospital and several sports grounds were built.

His Highness The Ameer graciously named this institution Sadiq Public School and inaugurated it on January 18th, 1954 to impart high-quality, English-medium, Public-School education to new generations of the Bahawalpur area and other regions.

Sadiq Public School began with 37 students (boys and girls) and seven teachers. Mr Khan Anwar Sikandar Khan was appointed as the first Principal. The first batch of students appeared for Senior Cambridge in 1957, for Matriculation in 1958, for Intermediate in 1966,

Sadiq Public School currently has four academic blocks: Junior School, Prep and Senior Girls' School, Prep Boys' School, and Senior Boys' School. There are seven boarding houses: Salahuddin House for Girls, Kamal Pasha East and West Houses for Junior School boys, Alamgir North and Alamgir South Houses for Prep boys, and Mahmud and Abbas Houses for Senior boys. There are currently more than 2500 students of whom about 600 are boarders. Sadiq Public School is the only school in Pakistan that offers boarding for both boys and girls.

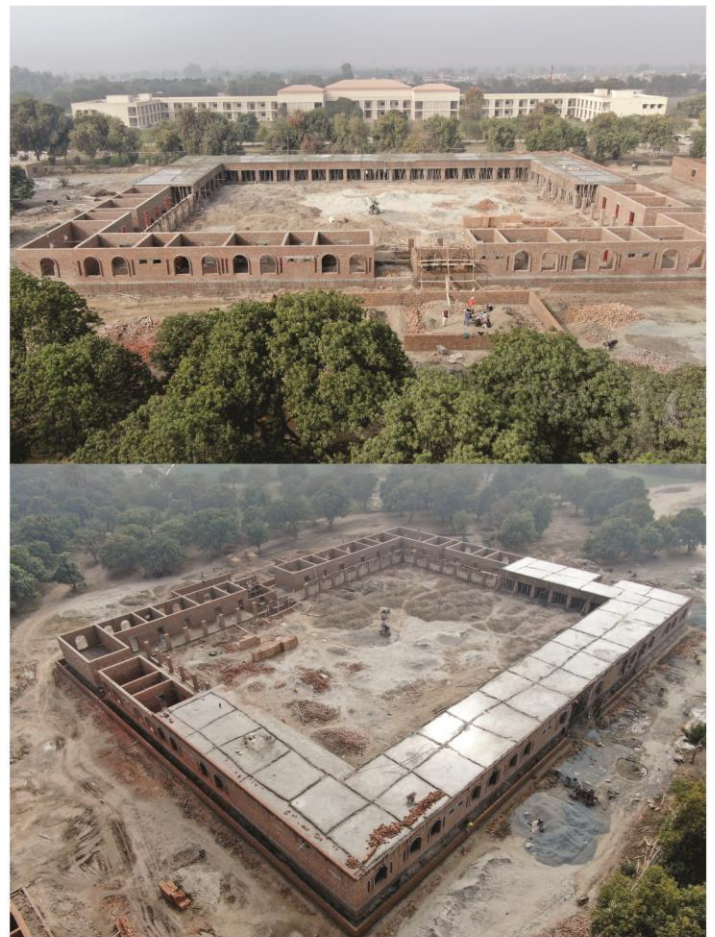
Sadiq Public School offers full boarding to more than 100 girls from K0-I to Intermediate/A Level. A new house is being constructed. The boarding house is located adjacent to and within the secure grounds of the Senior and Prep Girls' School.

This booklet introduces Sadiq Public School's Girls Boarding Facility. The booklet is to be read in conjunction with the School Handbook. The contents of this booklet are subject to change without notice.

Facilities

A new boarding house is being constructed (completion date mid-April 2021). The new Boarding House will be adjacent to the Girls' Academic Block, ie within easy walking distance of all School and Sports Facilities including the Horse-Riding Club/Centre. The new boarding house includes:

- 24/7 security
- Air-conditioned Dorms
- Dressing rooms (with each dorm)
- Dining room
- Sick bay with 24/7 medical staff
- Residential staff
- Stand-by generator
- Play grounds





A typical school day

A typical school day starts with Fajar prayer, followed by:

- Morning PT
- Bath/shower
- Preparation for school
- Breakfast
- Inspection
- School/Classes
- Back to boarding house after dismissal
- Lunch
- Zuhar prayer
- Private study
- Asar prayer
- Milk/Tea/Canteen
- Games/Sports
- Maghrib prayer
- Supervised Prep/Homework
- Dinner
- Supervised Prep/Homework/Qiraat
- Isha Prayer



A typical non-school day itinerary

- Fajar Prayer
- Breakfast
- Private Study
- Games
- Lunch
- Zuhar Prayer
- Private Study
- Free time
- Asar Prayer
- Tea/Milk/Canteen
- Unsupervised Games/Sports within House
- Maghrib Prayer
- Movie/Television/Private Study
- Dinner
- Movie/Television/Private Study



Travelling arrangements

For safety and security girls must travel to and from School with parents or pre-approved family members. Travel by public transport is strongly discouraged.



Procedure for requesting leave for boarders

- (1) Leave requests must be made in writing by the student's parent, in advance, stating the student's name, school number, class, and name of Boarding House.
- (2) The reason for the Leave, with supporting evidence (if appropriate), e.g. copy of wedding invitation, copy of medical reports...
- (3) Note that as per School Regulations leave may be approved in advance for:
 - a. Medical Leave
 - b. Weddings of immediate family members (ie brothers & sisters)
 - c. Emergencies requiring absence from School
- (4) Leave requests must be:
 - A. Submitted by letter, fax, or email only (not SMS and not Whatsapp because these cannot be easily printed and kept on file),
 - B. signed by the student's **parent** (not siblings or other family members) to indicate the Leave request is made by the Parent and the details of the Leave request are accurate.
- (5) In the case of non-emergency leave requests, the leave request must be submitted at least 5 days in advance.
- (6) Parents should wait for the Leave to be approved before making travel arrangements.
- (7) Emergency leaves e.g. for funerals or other urgent/immediate needs, Heads of School may approve the leave. If they are absent, the Vice-Principal may approve the Leave request.
- (8) Submitting falsified documents will very likely result in the student's withdrawal from School.

Note that the major factor in success in school is a student's attendance: the greater the attendance in each class, the greater the examination grade. Every lesson missed reduces the chance of a student achieving a high grade.



General Leave Regulations (from School Handbook 2020-2021)

- (a) 'Attendance' means a student is in School for a whole duration of the School day and in a lesson for the whole duration of the lesson.
- (b) 'Leave' means a student is given School- permission to be absent; i.e. not to attend.
- (c) 'Actual attendance' means the amount of days or lessons a student is physically present.
- (d) 'Approved attendance' means the amount of days or lessons that the student has actually attended and the number of days or lessons for which Leave has been approved.
- (E) Full (i.e. 100%) actual attendance on all school days and in all school lessons is expected.
- (f) It is understood that from time to time some students may not be able to attend school/lessons. Before or within 7 calendar days after the absence, parents must submit an application for the absence to be recorded as leave. Under normal circumstances, leave requests must be received within 3 days of the absence.
- (g) The Headmaster/ Headmistress may determine an absence to be approved leave in case of following circumstances:
 - i. Absence due to a medical issue (illness, accident, other) will be approved if a parent's application is accompanied by a medical report from a bona fide medical specialist (and verified by the SMO).
 - ii. Leave due to the funeral of immediate family members, i.e. grandparents, parents, siblings will be approved.
 - iii. Leave due to the marriage of immediate family members, i.e. siblings, will be approved for 2 days plus appropriate traveling time.
 - iv. Other emergencies requiring an absence as decided by the Principal.
 - v. Leave will not normally be granted for ordinary, non-urgent events.
 - vi. Any absence that is not approved by the Headmaster, Headmistress, or Principal will be recorded as unapproved absence.
- (h) Required minimum actual attendance* for all classes is 80%**
- (i) In case of low attendance, i.e. monthly actual school attendance or monthly actual class attendance (for any class) below 80%** (calculated and reported for a calendar month):
 - i. A warning letter is sent to Parents.
 - ii. If a warning letter has already been issued, i.e. in the event of a second month of low attendance, another warning letter is issued.

iii. If two warning letters have been issued, i.e. in the instance of a third month of low attendance in a school year, the student will be withdrawn.

- (J) Students with actual school attendance below 80%* from the beginning of the S1-S3 or C1-C3 class until the last day of their course will not be eligible for promotion to I1 or H1.
- (k) Students with actual school attendance below 80%* from the beginning of the current school year until the end of the month before a school event will not be allowed to participate in that event.
- (l) Absence without a parent's knowledge and permission is a disciplinary matter.
- (M) Unapproved leaves will result in a fine of Rs/-100 per day of absence.
- (n) Seven consecutive days of uninformed leave may result in the student's name being removed from the School roll. Readmission may be applied for.
- (o) Days absent due to suspension for disciplinary reasons are considered approved leave, but are absence with respect to the actual attendance calculation.

**Actual attendance is the actual number of days (or lessons) attended as a percentage of the total possible days (or lessons) of attendance. Actual attendance can be calculated and reported class wise, or for a particular subject, or school-wise, i.e. for the whole school day, for example a student may have an actual attendance percentage for Urdu Language, or an actual attendance percentage for school and because not all subjects occur every day, these two actual attendance percentages will be different for different subjects and different from actual school attendance. Leaves (approved or unapproved) are excluded from actual attendance.*

From September 1st, 2021 this will increase to 85%.

- (1) Boarders Leave Regulations
 - (a) No boarder shall leave the campus without his/her Housemaster's/ Housemistress' written permission. A Leave Certificate is prepared in triplicate with one copy given to Security staff at the Gate and one held by the Boarding staff.
 - (b) Overnight Leave is available every 1st Saturday of a month (or if there are 2 or more consecutive holidays) if the student is collected by their parents or other pre-authorised (and verified) adult. Students must be back in the boarding house before 7:00PM (summer) 5:00PM (winter).
 - (c) School uniform must be worn by all boarders going on leave and when returning.
 - (D) Extra-ordinary leave (i.e., any request for leave not covered by other rules/ regulations) may be granted by the Principal or Vice-Principal or respective Headmaster or Headmistress.

Medical

Boarders are provided medical care within the School, including the boarding house. A Lady Doctor visits the boarding house twice each day and a staff nurse is available to girls 24/7.

All boarders are expected to have full and up to date vaccinations along with vaccination records.

Parents must inform boarding and medical staff of students' medical history/issues including allergies, medications, test results, etc.

The School's medical staff examine students for common issues and medicines/treatments are provided as required. Any routine issues such as vision or dental problems should be attended to by parents whenever the boarders are on leave.

In emergencies, the School's boarding or medical staff will take appropriate and reasonable action.



Communications

Only Parents may call to their daughters on the School's phone numbers and only once per day. Students are not allowed to attend the calls during an activity e.g. during homework time, evening games, dining times, etc.

Parents may contact house staff (Housemistress, Assistant Housemistress and Matrons) on School phone numbers only, through the telephone exchange or on House mobile number.

Admission Procedure

Admission to Sadiq Public School requires Parents to complete an Online Admission Form. Please visit <https://www.SadiqPublicSchool.com/Apply-for-Admission>



What students should bring:

Students should bring following articles:

- Mattress (single- large) 01
- Pillow 01
- Trunk (medium size) 01
- Towel 02
- Nail cutter 01
- School Bag 01
- Small tub 01
- Small basket to carry bath items 01
- Khais/blanket/quilt 01
- Black school shoes 01pair
- Shoe Shiner 01
- White joggers 01pair
- Alarm clock 01
- Black slippers 01
- White socks 12pairs
- Locks 02
- Blue uniforms (to be stitched by school tailor) 12

- White uniform (to be stitched by school tailor) 12
- White Dupatta (available at school tailor shop) 02
- Blue Dupatta (available at school tailor shop) 02
- Blue Sash (available at school tailor shop) 02
- Track Suit (available at school shop) 02
- House T-Shirt (available at school shop) 02
- Casual dress 02 suits

Toiletries:

- Soap Dish 01
- Shampoo/Hair conditioner 01
- Lotion 01
- Toothpaste 01
- Tooth Brush 01
- Face wash 01



Students are not allowed to bring the following:

- Bed covers/Bed sheet
- Eatables
- Makeup articles/Hair straighteners etc.
- Chatni/pickle
- Casual dress like Jeans, short shirts, tights
- Coloured undergarments (only white and skin colour are allowed)
- Glass jars
- Mirrors
- Gold jewellery (only one pair of small studs are allowed)
- Stuffed toys
- Scissors
- ATM cards
- Mobile phones, Sims etc.
- Cameras
- Laptops, Tablets
- Memory cards/USB flash memory sticks
- Any other gadgets

Students may bring the following items if they wish to:

- Nuts and Dry fruits
- Stationery items (pencil box, geometry box, pencil pouch, extra registers and extra pens). Books and notebooks are provided on school stationery.
- Any sauces (but not chatni), spreads or drinks e.g. Ketchup, Chicken spread, Jam-e-Shiren, Horlicks, Tang etc.



Advice from Armeen Amjad (2014-2020), Head Girl, 5 A*s (A Levels), Best Sportswoman (2020)

As I sit here in my [university] hostel room to write a note about my life at the boarding, the first thing that I feel is nostalgia. You must have heard, or maybe even experienced, that there's a strange effect that winter has on our mood. It makes everything melancholic, and that's what I feel. This winter isn't the same, as it has been for the last 5 years of my life. Even though it sounds a little too much, I would like to call it an era, because that's how eventful my stay at Sadiq, and particularly in the boarding house was.

I came to the boarding when I was 14, in my own mind, still way too young to be hundreds of kilometres away from my home, but as you might as well know, being in the boarding makes you realize that 14 is quite an age. There are girls as young as 4 too, and about being away from home, well, the boarding becomes your home away from home. Sounds biased, Right? Because that's not what you are feeling right now. You miss your home, your family, and the rules here, aren't they a

lot? So let me tell you, that's pretty normal, because that's exactly how I felt but you'd realize in some time that I am right.

All other differences aside, the boarders are a family. You might feel out of place in the beginning, but trust me, in no time, they will embrace you, and you'll embrace them. If you are still not convinced, just wait for the grand assembly, or the founder's day, and just compare the applause that an achiever from the boarding house receives with the applause that a day pupil does, because about us, we are a clan, and if one of us wins, it's a victory for all, no hard feelings, feelings, no competition, just pride that its one of us who won.

The routine is tiring, I would admit, but when you agree to be a part of Sadiq, you agree to be a part of its wholesome education, which is obviously not confined to books only, and to be frank, if you don't, there's no point in being here. You could have gone to any other school and studied the syllabus course but here, you would get opportunities to showcase all your talents and acquire new ones. Being in the boarding ensures



That you excel in sports especially, and there's a perk of it too. On a lighter note, you would always be among the winning team in an interhouse match. As for other activities, the boarding house boasts some of the most talented debaters, performers and artists who would always be more than happy to guide you, and the house administration is always looking forward to give a chance to new students to showcase their acumen. You just have to be willing and determined to move forward and they will help you in discovering traits of yourself that you don't even yourself know about.

And amidst it all, you wouldn't even know that you are making memories. That mass screaming on a Saturday night when you watch a horror movie with the whole house, the whole house wishing you a birthday in a chorus in the dining at breakfast, and then again at dinner, that excitement in the air as you get ready for the swimming gala or the performing arts on some evenings, the whole house cheering your name when you return house cheering your name when you return winning something, that happiness of packing together a day before holidays..... everything. You might not

not be able to make sense of it right now, but you sure will when you leave that place. It gives you bags and bags full of memories in the literal sense. And apart from all of this, you'll make some bonds that you would cherish for the rest of your life, not only among your classmates but also among seniors and juniors. You'll find some of the most caring seniors who would look after you like their own siblings and make sure to keep you on the right track, as well as extremely respectful and loving juniors who would show up with the cutest cards for you out of the blue and melt your heart. Apart from the students, the boarding staff would be strict with you for corrective and disciplinary actions, but trust me, they will always be there to catch you if you fall, and they will also listen to you whenever you need to explain your problems. What I actually want to say is that your experiences at the boarding house will be shaped by your take on things. If you continue to view everything with negativity, you'll miss out on most of the opportunities, but with a positive stance, you'll make the best out of it and I really hope that all of you do make the best out of it. Wishing you luck.



Yashfeen Qadir (H2 Batch 2019-20):

Choosing a school/college is one of the most crucial and difficult phases a student has to go through as it paves the road to success in future. I did extensive research before applying to the colleges and when I got to know about Sadiq Public School through its website this made me certain that this is the place I belong to, seeing a culturally-diverse boarding environment as something aberrant. Sadiq Public School not only provides high quality education but also engages the students in extracurricular activities may it be sports or clubs and societies. If you are considering boarding as a schooling option my advice would be to GO FOR IT! as it really helps with your education and gives you the opportunities to polish your career. As you can imagine it is quite daunting at first because you leave your family behind but if you think about it, it is basically like having another family, your teachers and the staff become your parents and the fellow boarders become siblings. Now if you ever feel homesick that's perfectly normal because the

girls are such a strong cohort and are able to support and offer advice not only in our year, but every year. Boarders have an unprecedented benefit of recognising the depth and diversity of different cultures. There is no greater bond than one established by living together in the dorm rooms among your friends and peers in the pivotal constructive years just before the age of majority. Let's not forget to appreciate that you get to play your favourite sport in the afternoon with your best friends and are able to have breakfast, lunch, and dinner with people close to you. This pretty much sums up how you will be able to adjust in the new environment where the girls will make sure that you are as comfortable as you are at home. Consequently, many of my fellow alumnae agree that there couldn't have been a healthier environment for our teenage years. Last but not the least, what I did to overcome the challenges was by writing out a timetable, managing my time, and focussing on my school work. On the other hand, being a boarder helps you find out what hidden talents and abilities you possess. I discovered that I can do art and



whenever I felt sad and homesick drawing helped me feel better and reduced stress. What's more, I got a chance to read plenty of novels in the meantime as the Girls' school library has plenty of novels and books for your interest. Do whatever floats your boat. Putting all the things aside, the best time I had was watching movies on Saturdays with my friends. Organised trips, for example, to Multan or to the Cholistan Desert, gave us the opportunity to bond and develop deeper appreciation of how fortunate we are. All these inter-house competitions will make you realise that you have a family to cheer you up and support you to win a debating competition or a football match. Living at the boarding school doesn't mean that you have to study all the time; this is the opportunity that you will always cherish. I have developed friendships and have grown to understand the importance of having people around me who I can always rely on. With such a unique environment and girls always looking out for each other, I encourage all the young girls to embrace this type of environment.

In conclusion, a kind of utopian community is fostered here at Sadiq Public School, where the learning, with its rigor and rituals, underpinned by the values of safety, integrity and trustworthiness is lived out day to day.



Amna Khosa(2006 - 2011):

You are not here just to receive education
When I stepped in the boarding school, I thought,
have my parents made a mistake admitting me
here? If this thought crosses your mind too, you're
not alone.

After having spent half a decade in Sadiq Public
School, I can now confidently reply to your
question that no, it's not a mistake, in fact, this is
the best decision your parents could have made. If
my answer confuses you more, allow me to
explain.

Despite calling ourselves a true Pakistani, I bet
most of us haven't even seen half our country. We
live in closed sheltered societies where we don't
know who our neighbours are. We don't know how
to interact with strangers. But when you step into
Sadiq, your eyes will need time adjusting to such a
vibrant culture of people around you. You will be
greeted in more than one language. The four
provinces you were taught in books? You will
finally know who lives in those provinces. Those
people will act differently than you had
anticipated, perhaps they might even leave you
flabbergasted. You will first want to cry and go
home and recede in your protective shell because

you won't know how to deal with them. But that's
where your teachers and seniors step in. Observe
how they give and gain respect. Allow them to
guide you in your life.

Boarding life makes you experienced, tough and
adventurous. You will make exciting new friends
and choose your favourite teachers who will
remain your mentors all your life. These people
will help you on how to handle the world.

I made friends who taught me their language and
invited me to their far off homes when we left
school. I now feel welcomed in every corner of
Pakistan. When I visit them now, I realise we were
so different from each other, yet our eyes sparkle
the same way as we share similar memories.
It's important not to be scared when stepping
outside our house. We need to connect with people
all around Pakistan. It's how we will understand
our country better. Sure, there are schools which
will provide education near the comfort of our own
home, but one does not go in Sadiq to simply
receive an education. Anybody can read and write.
We come here to grow. We won't always have
teachers in future who are there to help us every
nick of time like the teachers in Sadiq Public
School.



That is why you need to be here. Know and respect your fellow boarders. In that process, you will discover who you really are. Only then will you be a true Pakistani, a true Sadiqian.

"Do the right, fear no man."

P.S if you still need further assistance, you can reach us sadiqians on social media by mentioning that you are new to boarding life. I will be more than happy to help you. We old Sadiqians don't leave anyone to perish alone.

Amna Khosa

Roll no. 359

Headgirl (Boarder)



Shezadi Talib (2012 - 2014):

My Dearest Boarding Juniors

I hope you all have been doing well amid this pandemic. Despite all these ungrateful circumstances of the year 2020, your destiny has brought you to a place that is going to be a life-changing phase. I know it's tough to live away from your loved ones, but trust me SDH will become your second home. You will get a family not connected by blood rather by feelings of love and compassion. You will be having a golden chance to be taught by highly competitive teachers, coaches, and staff who will adorn your soul with life-changing lessons. So here are my few tips to be a part of an SDIAN Family.

- a) Respect is the foremost element of your Journey. Be respectful to everyone here as they all are here to make a better version of you.
- b) Try to have a balance in your academic and extracurricular activities as these are deciding years of your life.
- C) Make memories as much as you can. You will be going to miss every little thing from lunch sharing moments to Founders' day achievements. Don't

Miss any movie night, sports match, eid millan party, Meena bazaar, or swimming gala.

d) If you are a foodie person, SDH has the most delicious meals for you. I miss SDH's food taste. In short, Opportunity knocks at your door only once so life has given you a chance to enjoy that life which is a dream to many. Try to be compassionate, respectful, ambitious, and strong-headed. Also, learn to stand in the face of adversities and leave your mark in the books of SADIQ.

With lots of love and best wishes

Welcome to the SDIAN Family

Shehzadi Talib (Public Policy Analyst and Researcher)

House Prefect (Batch 2014)

Roll no: 0936



Maha Tahir (2009 – 2014):

Hi ! dear new boarder

Hope you had a safe journey ...let me give you a ride of the boarding life.

Being a boarder and living in a boarding seems scary at first ... but believe me it's one of the most amazing things that is going to happen to you ... I have been there and it has left an everlasting effect on me. Here are some tips that I want you note down on your journey of boarding life.

Let's deal with the most obvious thing i.e. Home sickness... being away from home at a new place is not easy at the very start ... It's like being on your own with new people whom you aren't familiar with. Leaving your personal space and privacy back at home and adjusting with the new norm is quite difficult... but the thing which helps you along with it is being your own actual self and rather than hiding your feelings, express them out. If you want to cry you should cry ... I had done that too...ALOT ... but don't cry all the time lol... and don't be hard on yourself ... don't isolate yourself, instead mingle around.

Be humble and ask for advice from your senior boarder or any classmate who has been living in the boarding. You can ask about their experience and the way they coped with sadness of being away from home. Ask them about all the hacks for how they managed studies with co-curricular and extra curricular activities without losing interest in one while opting for the other.

Always be respectful towards your elders whosoever they are; your teachers, your sports coach, your seniors, helpers working around, the mess team, janitors, gate keeper, ground keepers, in fact every one ... they have been there longer than you so they know better about the place. Take their advice seriously.

While you are there enjoy your stay. The sports time ... the little gossips with your dorm fellows while tucked in your beds. The movie time, sports events ... formal dinners... everything is going to be a memory so better make it a good one ... because later in life you are going to quote this life...

In the boarding house you live like a family. You share things and also get angry and have



arguments as it happens in a family. But at the end you all make up with each other because that's what family is for. Share ...because sharing is caring ...but do not overdo it ... learn to say NO ...and learn when to stop ... you have to draw the boundaries so that it doesn't ultimately affect your mental peace.

Take part in the co-curricular and extra-curricular... don't be a sad potato ... like I said before, enjoy your stay so that you make good memories. Take part in house activities and if you don't get selected, don't lose hope, work harder, try for the next time it will keep you motivated.

Pinpoint your strengths and talents, and polish them by practicing... any sport you are good at ...or any other talent like public speaking ... art... writingreading etc. etc... It's the whole world out there to explore. So go for it and conquer it.

You will not get this time again ... so treasure it ... make memories ... learn new things... polish your strengths and be humble and respectful... because one day you are going to miss this place a lot... believe me I am not lying ... but don't forget why

you are here.. study hard ... don't think that being a boarder with all the activities you can't be a high achiever ... no ... that's not true... if you heard such lines ... don't believe on that hardwork can earn you the world, because that's the only key to success and keep believing in Allah ... He will surely pave the way for you .

With lots of best wishes and bundles of hugs for new comers

WELCOME TO THE BOARDING HOUSE.

Ex Sadiqian and Ex boarder

MAHA TAHIR

ROLL NO. 0738

