



SADIQ PUBLIC SCHOOL

Junior Section General Science

Class: K5

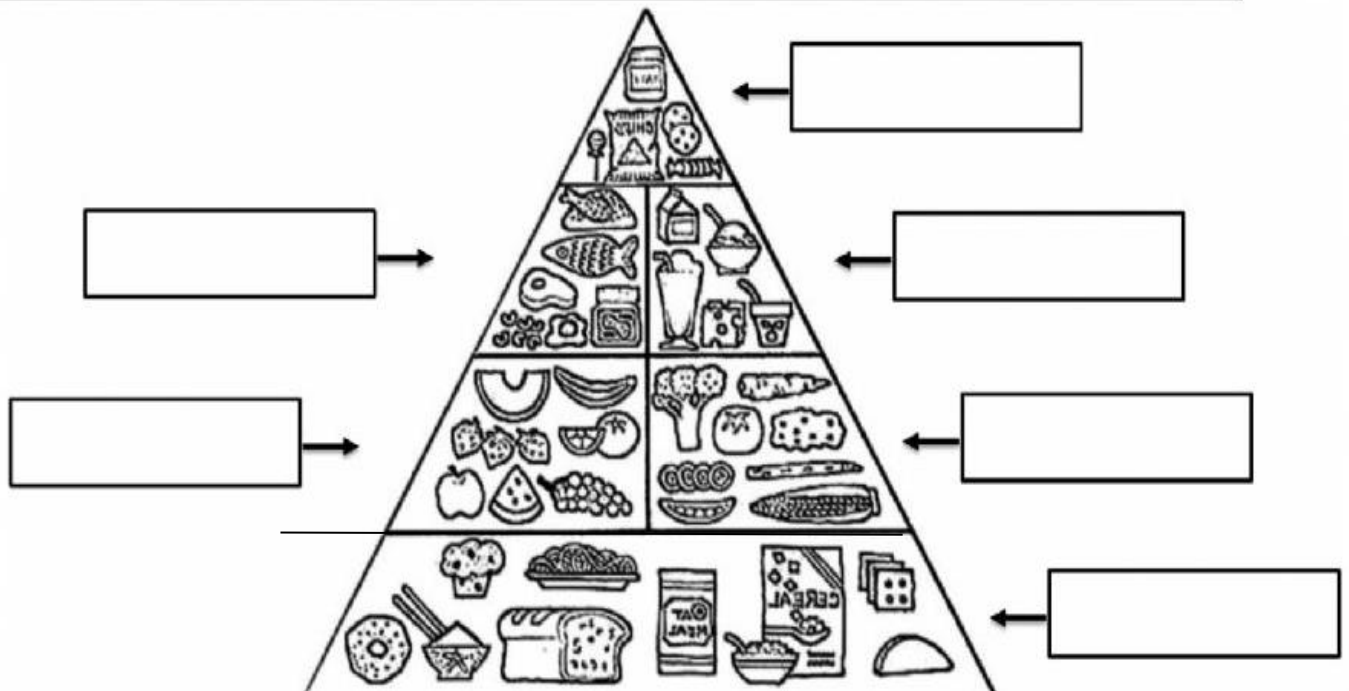
Saturday 16th November 2024

- Read Pg.96 & 97

Q1: Label the food pyramid.

Word Bank

Fruits, Vegetables, Meat & Fish, Milk & Dairy, Fats, Oils & Sweets, Breads & Grains



Q2: Write answer of these short questions.

1. Which food group should we eat the most?

2. Which food group should we eat least of?
3. Which food group builds our muscles and helps us to grow?
4. Suggest a healthy school snack that contains a food from three of the food groups.

Q3. Write a note on different Food groups and their importance.